



# Shropshire HR Training

## **Coaching for Performance**

### **Course Duration**

Full day - face-to-face workshop

### **Cost**

£129 per person

### **Course Overview**

Coaching is increasingly being used by managers to help achieve individual, team and organisational goals and drive high performance.

This session aims to provide a clearer understanding of what coaching is (and is not) and to help you to develop the skills and confidence to start employing a coaching approach to workplace situations.

- What is Coaching?
- Push v Pull
- Skills of coaching
- The Coaching Process
- Coaching Models
- Provoking Thought

### **Who is this course for?**

This course is for managers, supervisors, and team leaders who need to address performance management issues and challenging behaviours in the workplace.

### **Booking**

Please email [shropshirehr@shropshire.gov.uk](mailto:shropshirehr@shropshire.gov.uk) for further information and to book your place.

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